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 To: sylviahenderson@springboardtraining.com  
 Subject: Why You Talk So White?

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## Why You Talk So White?

*Eliminate the Behaviors That Sabotage Your Success*

What's Coming Up on  
 Wednesday, Oct. 3, 2007

### Check It Out!

### Where to Find Us!

WTL This Week

Time for Fun, Ladies

Girls Gone Great!

Check it Out!

Sign Up

**SIGN-UP!**

**Our Fabulous Sponsors!**

**Boschel Creative**  
 Helping Your Business  
 Work Every Hour!

**Healthy by Kiona**

Join us on **Wednesday, October 3rd** from **6-7 pm EDT** on **WVIE 1370 AM** in **Baltimore.**



Not in the listening area? Then, get on your computer and go directly to **WVIE 1370 AM Baltimore.** Hit the **Listen Now** link on the right, sit back and take it all in.

If you miss us on Wednesday evening, or if you have a friend you think would enjoy hearing the show, within a week, be sure to check out the podcast of the show at **WomanTalk Live Podcast Central.** In fact, most of our shows are available on podcasts. Check them out!

And, be sure to check out our **WomanTalk Live** website. **Boschel Creative**, one of our sponsors, did a fabulous job. Find out information about all of our great sponsors and check out other great events and happenings we have going on.

WTL This Week

The 15 minute  
workout that works!

**Marcia Merrill with  
eCareerCorner.com**  
The Transition Chick  
helps you turn midlife  
into the RIGHT life!

**Real Estate Team of  
Lane Chaisson &  
Mary Zimmerman of  
RE/MAX American  
Dream**  
2 Great women for the  
price of one!

\*\*\*\*\*

**Listen to Ann and  
Ginny interviewed  
on VIVACITY**  
*What Do Women  
Want?* 08/10/07

**Total Woman Forum  
Women Lighting the  
Way**  
Friday, 10/19/07 in  
Frederick, MD

### Time for Fun, Ladies

*"If this were your last day on earth," I happened to ask her, "what would be some of the things you would want to say?"*

*"Make time for play each day," she answered without giving the question a moment's thought. "We're asses if we don't. Nobody is going to force you to - no one says go out and play. It's a shame there is no philosophy of life anywhere that insists on play."*

- from *A Walk on the Beach* by Joan Anderson



Need to have some fun? So do we! We are two recovering good girls and unofficial founders of Workaholics and Perfectionists Anonymous. So, of course, we have to schedule fun in our lives.

**The next WomanTalk Live Fun Event is coming up on Friday night, October 26th. It's *Chick Flick Night!***

The first WTL Chick Flick? Our most favorite of all chick flicks... *Shirley Valentine!* Don't you just love that movie? Haven't seen it? Oh, my gosh! Then, you must! And, if you have seen it, you need to see it again!



**Sylvia Henderson**, Chief Everything Officer (CEO) of **Springboard Training**, is a business woman, workshop facilitator, speaker and author. Her work focuses on providing people with tools and resources to build knowledge and develop skills, and to help shape attitudes which reflect professionalism, strong work ethics and leadership.

In Sylvia's latest book, ***Why You Talk So White?***, she examines the communication behaviors that sabotage the success of blacks and whites alike. She says her passion is to inspire others to think outside of their self-identified group - be it race-based, gender-based, or socioeconomic-based, and to move forward and succeed without the limitations tied to an archetypal identity.

We'll be talking about the "P" word...perception, and the fact that even your good performance can be thwarted by people's perception of who you are and what you stand for.

Tune in when Sylvia Henderson joins us in the studio this coming Wednesday evening to give important tips for all of us.

**[Check out the details and register!](#)**

**Our philosophy about WTL fun:** Watching paint dry can be fun if you're with the right group of cool, funny women. You're one of them! Join us for an upcoming event!

Do you need to have some fun and maybe meet some other really cool women? Well, click **[PUT ME ON THAT LIST! I NEED SOME FUN](#)**, and of course, you'll be the first person we invite!

**Girls Gone Great!**

We knew there were lots of girls doing great things out there... we just didn't have any idea how many incredible young women are out there in our own backyard being fabulous and doing wonderful things to serve their communities.

We now begin the process of reading all of our submissions and having the Selection Committee choose the very first

**WomanTalk Live *Girl Gone Great* winner!** And, we will announce the winner on Monday, October 15th!

Stay tuned!

**Check it Out!**

We encourage you to check out and support the following business and upcoming event. And, of course, remember to check out our *fabulous* sponsors in the pink sidebar. They are just the best!

**[A Good Book](#)**

*Books that...Inspire, Empower, Educate & Promote Wellness*

**[Baltimore Women's Film Festival](#)**

*Be a part of this fundraising weekend and check out films either written, directed or produced by women*

Thanks for tuning in to **WomanTalk Live**.

Looking forward to talking with you,

**Ann Quasman and Ginny Robertson**

Co-Hosts of **WomanTalk Live** on v1370 AM in Baltimore

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